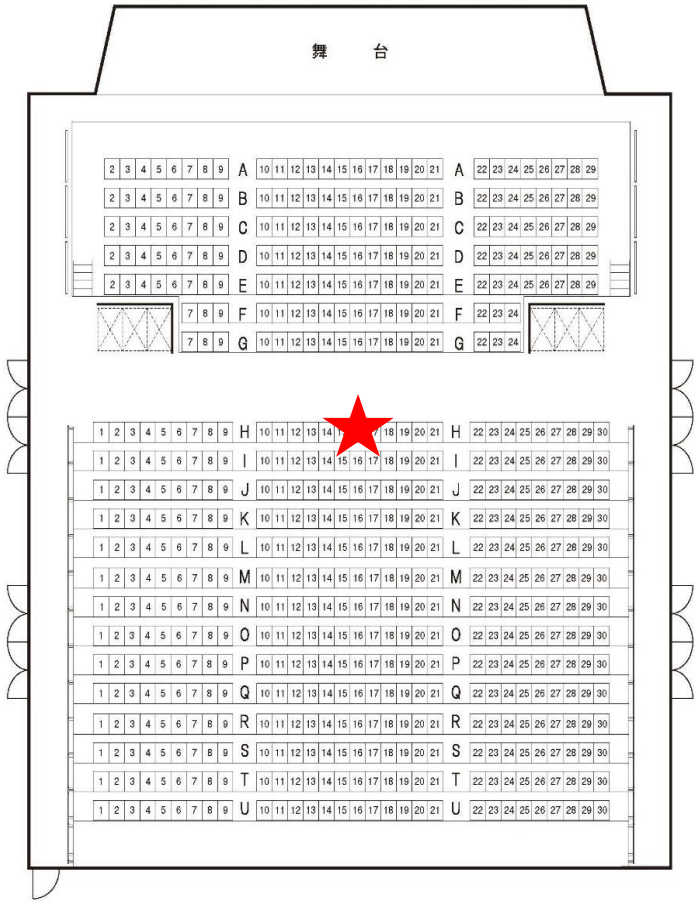中央列　真ん中